

# RECIPES FROM AL KRISMER PLANT FARM

## Easy Oven Beef Stew



PREP TIME      **10 Min**  
COOK TIME      **4 Hrs**  
READY IN      **4 Hrs 10 Min**

SERVES      **7**

### INGREDIENTS

- 3 pounds chuck roast
- 1 packet dry onion soup mix
- 1 (12 fluid ounce) can or bottle ginger ale
- 1 (8 ounce) can mushrooms, drained

### DIRECTIONS

1. Preheat oven to 200 degrees F (95 degrees C).
2. Cut the roast into cubes, then place in a 10x15 inch roasting pan with soup mix, ginger ale and mushrooms; mix well.
3. Bake in preheated oven for 4 hours.

[www.krismers.com](http://www.krismers.com)

January 2009